

My Chili



Rated: ★★★★★

Submitted By: Michelle
Photo By: FROGHOPPER

Servings: 8

"If you want a good, basic chili recipe, this is it. No odd vegetables, or secret ingredients, just ground beef, tomatoes, red kidney beans, and the usual spices. Simple and delicious."

INGREDIENTS:

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|----------------------------|---|
| 2 pounds ground beef | 2 teaspoons dried oregano |
| 2 onions, chopped | 4 (14.5 ounce) cans stewed tomatoes |
| 4 cloves garlic, minced | 1 (15 ounce) can tomato sauce |
| 2 tablespoons chili powder | 1 (15 ounce) can kidney beans with liquid |
| 2 teaspoons salt | |

DIRECTIONS:

1. Combine ground beef, onion, and garlic in large stockpot. Cook and stir over medium heat until beef is brown. Drain.
2. Stir in chili powder, salt, oregano, tomatoes, and tomato sauce; break up tomatoes while stirring. Heat to boiling, reduce heat to simmer, and cover. Cook, stirring occasionally, for 1 hour.
3. Stir in beans. Simmer, uncovered, for 20 minutes; stir occasionally.

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